



AMMON ZEUS

LUXURY BEACH HOTEL

## ACTIVITIES AMMON ZEUS 2024

# MONDAY

## • 10:00-17:00 Sunshine Cruise of Kassandra Peninsula:

Spend a magical day on a boat! Have fun and games on the beach or just top up your tan! Start your cruise sailing along Toroneos gulf with several stops for swimming before you reach Toroni village. Relax, enjoy and swim in the crystal, clear water of Toroni.

## • 09:30 – 16:00 Thessaloniki Capital Delight! (Ammon Zeus basket 11 € p.p)\*

Thessaloniki, the second – largest city in Greece, nestled on the northern shores of the Aegean Sea, a cultural melting pot, evident in its diverse architecture, lively atmosphere, and a culinary scene that reflects its multicultural heritage.

## • 11:30-12:15 Cooking Master Class / pie of the day :

Meet our Chef and learn the secrets for the traditional pie . Kali Orexi!!!!!!

Location:@ Greco's restaurant

Max participation 10 guests \*/ complimentary

## • 18:30-19:15 Get to Know our Managers: Meet and mingle with our expert

Management team and taste some of our refreshing cocktails and exquisite delicacies

Location: Cocktail bar / it's our pleasure to meet you all!!!

@Cocktail bar



# TUESDAY

## • 07:30 – 14:30 once in your life!!!! Trip to Meteora ! (Ammon Zeus basket 11 € p.p)\*

An unforgettable day trip. Travel back in time to see a unique geological phenomenon and visit monasteries build on huge rocks from byzantine times!

## • 09:30 – 17:00 Athos on the beach (including light lunch )

If you are a history Lover but on the same time you need time to relax this is the ideal cruise for you. This cruise combines the monasteries of Mount Athos with a visit to the majestic beaches of Halkidiki. Sale across Sithonia Peninsula and discover the stunning scenery of the Mount Athos monasteries while you enjoy a comfortable cruise.

## • 11:00-11:30 Smoothies Detox zone

Our barista are ready to explode your taste with the unique proposals from our healthy and detox smoothies . Location: @ Fresco bar Max participation 10 guests \* / complimentary

## • 11:30-12:15 Little Chefs

Teaching little ones how to cook “Yummy” biscuits, requires a ton of patience but the rewards are great!!!! Location: @ Greco's restaurant Max participation 10 guests \*/ complimentary



# WEDNESDAY

## • 8:30 Yogilates :

Train your body and soul with a mix of Pilates and hatha yoga !

Don't miss it .Find your chakra

Location: @ Ammon training spot

Max participation 10 guests / complimentary

## • 09:30 – 17:00 Mount Athos Cruise! (Ammon Zeus basket 11 € p.p)\*

Mount Athos is the third, eastern, and more magical peninsula of Halkidiki, which totally belongs to the church community. It is the only place in Greece that is completely devoted to the worship and prayer of God. That's why it is called in Greek Holy Mountain (Agio Oros).

## • 10:30 – 13:30 Treat yourself like Queen or King

Take the advantage to taste a free face treatment with our experts Aegeo Spa therapists!!!!

Location: @ Aegeo Spa Max participation 10 guests \* / complimentary

## • 18:00 Wine tasting / Sommeliers choice

Be ready for an unforgettable journey with senses and tastes

Cost per person: 14 € (including 3 glasses wine with two types of P.D.O cheese and homemade bread sticks) Location: @ Cocktail bar Max participation 10 guests \*



# THURSDAY

•09:30 – 17:00 Blue Lagoon Cruise with the Pirate's Boat (including light lunch ) (Ammon Zeus basket 11 € p.p )\*

Ding-Dong! This is your Captain Speaking!!! Sale to the most beautiful lagoon of Halkidiki and enjoy a day of sea, sun and lots of fun! Arrive at the blue lagoon that named after the amazing colorful water and stay close to the beach, snorkel and swim in the crystal-clear Aegean Sea.

•09:30 – 16:00 Thessaloniki Capital Delight! (Ammon Zeus basket 11 € p.p )\*

Thessaloniki, the second – largest city in Greece, nestled on the northern shores of the Aegean Sea, a cultural melting pot, evident in its diverse architecture, lively atmosphere, and a culinary scene that reflects its multicultural heritage.

•11:30 –12:15 Italian Homemade Pasta:

Meet our chef and learn the secrets of traditional Italian homemade Pasta. Keep Notes cause it's not going to be easy !!!.

Location:@ Greco's Restaurant

Max participation 10 guests \*/ complimentary



# FRIDAY

•09:30 – 17:30 Blue Lagoon Cruise (including light lunch )

Enjoy a perfect cruise and go swimming in the “Caribbean of Halkidiki” , at the narrow pass between the islands of Diaporos and Agios Isidoros!

•12:00-13:00 Olive Oil tasting

Greece is globally known for its world class olive oil. An opportunity to taste, explore and identify the fruitiness and the spicy taste of this unique product

Location: Estia veranda / Complimentary

For the participants privilege discount 20% to all extra virgin olive oil bottles

• 17:00 –18:00 Yogilates !!!!

Stimulate your self and feel the energy

Now you are just deciding to be healthier and fitter

Booked your participation and refresh your mind and your body

Location: Ammon Zeus garden

Max participation 8 guests\* / complimentary

• 18:00 Ouzo paths !!

Discover Greek's most favorite spirit and take a nice taste of that. 'Yama's'!!!!

Location: Cocktail bar

Max participation 10 guests \* / Complimentary



# SATURDAY

• 11:30 – 12:15 Historic And Cultural Day !!!

Get to know our extraordinary history of our hotel with an amazing tour in our historical places inside and outside the hotel. Every participant will receive a souvenir.

Max participation 10 guests \* / complimentary

•20:00 – 23:30 Afytos by Night!

Experience the enchanting allure of Afytos under the stars with our “Afytos by Night” Tour. With the moon casting a soft glow over the Aegean Sea. Promises an unforgettable evening of culture, cuisine, and the captivating spirit of this picturesque coastal haven. Don't forget your Camera!



# SUNDAY

## •09:30 – 17:30 Mount Athos Cruise! (Ammon Zeus basket 11 € p.p)\*

Mount Athos is the third, eastern, and more magical peninsula of Halkidiki, which totally belongs to the church community. It is the only place in Greece that is completely devoted to the worship and prayer of God. That's why it is called in greek Holy Mountain (Agio Oros).

## •10:00-16:00 Lake Kerkini : The ideal destination for nature lovers!

This is a day trip to Lake Kerkini, one of the 10 most valuable wetland habitats in Greece with about 300 species of birds and rare animals. Local expert guide at the Lake shares information about how the area was established and how the locals preserve the area

## •10:30 – 13:30 Treat yourself like Queen or King

Take the advantage to taste a free face treatment with our experts Aegeo Spa therapists!!!!

Location: @ Aegeo Spa

Max participation 10 guests \* / complimentary

## •11:30-12:00 Honey tasting

Have you heard the buzz? The most delicious varieties of locally produced honey in Northern Greece are available to try

Location:@ Estia veranda \* / Max participation 10 guests \* / complimentary



\*Reservations are required for any of the activity you wish to participate



- Bookings & information's for excursions @concierge desk
- Live music nights @ the Cocktail bar
- Come and have fun – feel the summer time in Greece
- Greek ,Italian ,BBQ and Worldwide gastro nights with unique wine proposals @ Estia restaurant
- High inspired Med-Greek menu @ Greco's
- Exclusive Bike services with the expert team of Break free Mountain bikes
- Reach your goals with personal training / 25€ per hour
- Meet the Diver's / Fly into Halkidiki blue waters, go Scuba Diving.
- Find us by the pool and get a 10% off
  - PADI courses and programs
  - \*Dive trips